

# RAWSTRUCK

**Larry & Charly Pruden**  
Content Creators

[Email](#)

[Facebook](#)

[YouTube](#)

# The Natural Canine Kitchen

**Emma Rutherford**  
Functional Canine Dietary Consultant

[Website](#)

[Email](#)

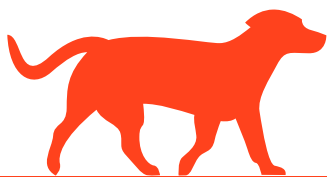


---

In partnership with

**Rodney Habib**

[www.pawsforchange.global](http://www.pawsforchange.global)



**Created by RAWSTRUCK**  
**co-created & balanced by Emma Rutherford**

---

## Middle Eastern Flavors

**For Adult Dogs**

**Balanced to:** FEDIAF & AAFCO

**Recipe amount:** 1 Kilo / 1000g

**Calories:** 1533 kCal

---



Recipe	Grams	Percentage
Chicken Leg with bone or chicken wing	270 g	27 %
Ground Lamb, raw	160 g	16 %
Chicken Heart, raw	160 g	16 %
Sardines, canned, in water, no salt or	125 g	12.5 %
Beef Liver, raw	60 g	6 %
Beef Kidney, raw	35 g	3.5 %
Zucchini, including skin, raw	20 g	2 %
Red Pepper,sweet, raw	30 g	3 %
Spinach, raw	70 g	7 %
Fresh Parsley	36 g	3.6 %
Ground Cinnamon	4 g	0.4 %
Ground Turmeric	3 g	0.3 %
Cumin Seeds	2 g	0.2 %
Organic Kelp Powder	1 g	0.1 %
Ground Almonds	16 g	1.6 %
Sesame Seeds	6 g	0.6 %
Himalayan Salt	2 g	0.2 %
<b>Total</b>	<b>1,000 g</b>	<b>100 %</b>

## INSTRUCTIONS

Place the chicken legs or wings into a blender and blend until the bone is blended into small pieces around 1cm is small enough.

Add the beef liver, beef kidney and sardines and blend again for a few minutes now add the Zucchini, sweet peppers, spinach, parsley, cinnamon, turmeric, cumin seeds, kelp powder, almonds, sesame seeds and salt.

Now pulse blend, for a few minutes until everything is mixed together.

Turn everything out into a glass mixing bowl using a wooden spoon. Mix in the ground lamb and the chicken hearts for a bit of texture and an all important eating experience.

This mixture can be portioned out and stored in the fridge for up to 3 days alternatively store in the freezer for up to 3 months.

For an added eating experience for your beloved dog add some fresh pomegranate jewels (fruit), a pinch of fresh coriander and a little grated lemon zest for a zingy fresh taste and fresh breath!

Don't be afraid of adding flavour to your dogs' bowl, they love it and it's healthy for them too!

An alternative to feeding this recipe fully blended you could chop and mix all of the ingredients up and feed the chicken wings separately. Try bashing the wings up with a rolling pin to help your dog eat them. Always feed bones supervised and always appropriate size bones.

We hope that your dogs enjoy this delicious recipe.

With love

Charly, Larry, Emma & Rodney

***Please check with your veterinarian before feeding this recipe if your dog has any health issues. This balanced recipe has been created to feed a healthy dog using the calorific information as the feeding guidelines. Although this recipe is balanced we do not recommend that you continuously feed this recipe. You are feeding this recipe under your discretion.***

## FEEDING GUIDE FOR DOGS (Moderate Activity)

### FEEDING GUIDE AGE 1-2

Weight (kg)	Weight (lb)	Calories per day	Grams from Recipe per day
5 kg	11 lb	487.5 kCal	318 g
10 kg	22 lb	975 kCal	636 g
15 kg	33 lb	1,462.5 kCal	954 g
20 kg	44 lb	1,950 kCal	1,272 g
25 kg	55 lb	2,437.5 kCal	1,590 g
30 kg	66 lb	2,925 kCal	1,908 g

### FEEDING GUIDE AGE 3-7

Weight (kg)	Weight (lb)	Calories per day	Grams from Recipe per day
5 kg	11 lb	412.5 kCal	269.1 g
10 kg	22 lb	825 kCal	538.2 g
15 kg	33 lb	1,237.5 kCal	807.2 g
20 kg	44 lb	1,650 kCal	1,076.3 g
25 kg	55 lb	2,062.5 kCal	1,345.4 g
30 kg	66 lb	2,475 kCal	1,614.5 g

### FEEDING GUIDE AGE 7+

Weight (kg)	Weight (lb)	Calories per day	Grams from Recipe per day
5 kg	11 lb	356.25 kCal	232.4 g
10 kg	22 lb	712.5 kCal	464.8 g
15 kg	33 lb	1,068.75 kCal	697.2 g
20 kg	44 lb	1,425 kCal	929.5 g
25 kg	55 lb	1,781.25 kCal	1,161.9 g
30 kg	66 lb	2,137.5 kCal	1,394.3 g

For more information on amounts to feed visit:

[www.thenaturalcaninekitchen.com](http://www.thenaturalcaninekitchen.com)