



# The Natural Canine Kitchen

**Emma Rutherford**  
Functional Companion Animal Dietary  
Consultant

[www.thenaturalcaninekitchen.com](http://www.thenaturalcaninekitchen.com)

[emma@thenaturalcaninekitchen.com](mailto:emma@thenaturalcaninekitchen.com)



## Terrific Turkey

**For adult dogs**

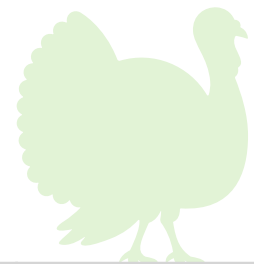
**Balanced to FEDIAF and Beyond**

**Recipe amount:**

**500 g**

**Calories in recipe:**

**705 cKal**



Recipe	Ounces	Percentage
<b><u>Meat / Fish</u></b>		
Turkey low fat - chunks or ground raw	245.72 g	49.14 %
Sardine, canned, in water, no salt	34.13 g	6.83 %
Duck heads raw (see alternatives for calcium)	75.08 g	15.02 %
(As an alternative to Duck Heads you can use Grass fed bonemeal 0.21 oz)		
<b><u>Total</u></b>	<b>354.93 g</b>	<b>70.99 %</b>
<b><u>Offal</u></b>		
Beef Liver	25.05 g	5.01 %
<b><u>Total</u></b>	<b>25.05 g</b>	<b>5.01 %</b>
<b><u>Vegetables</u></b>		
Kale, raw	17.89 g	3.58 %
Red Cabbage, raw	8.95 g	1.79 %
Bell Peppers, Sweet, Yellow, raw	17.89 g	3.58 %
Zucchini, raw	8.95 g	1.79 %
<b><u>Total</u></b>	<b>53.68 g</b>	<b>10.74 %</b>
<b><u>Other</u></b>		
Ginger Root, raw	1.93 g	0.39 %
Curly Parsley, fresh	6.94 g	1.39 %
Himalayan Crystal Salt	0.68 g	0.14 %
Kelp Powder (seaweed)	0.29 g	0.06 %
Wheat Grass powder	0.98 g	0.2 %
Egg, Duck, Whole, Fresh, raw (discard shell)	53.68 g	10.74 %
<b><u>Total</u></b>	<b>64.49 g</b>	<b>12.9 %</b>
<b><u>Lipids</u></b>		
Flaxseed Oil, Cold Pressed	1.84 g	0.37 %
<b><u>Total</u></b>	<b>1.84 g</b>	<b>0.37 %</b>
<b>Total</b>	<b>500 g</b>	<b>100 %</b>



## MacroNutrients Analysis

Macronutrients Information	As Formulated	DM	% kcal
Protein	15.93%	58.32%	45.17%
Fat	8.16%	29.88%	52.08%
Ash	1.86%	6.81%	
Moisture	72.68%		
Fiber	0.39%	1.44%	
Net Carbs	0.97%	3.56%	2.75%
Sugars (limited data)	0.31%	1.14%	0.89%
Starch (limited data)	0.00%	0.00%	0.00%
<b>Total</b>			<b>100 %</b>

## Macronutrients Information

Total kcal in Recipe	705.47
kcal per g	1.41
kcal per kg	1,410.91
kcal per kg DM	1,678.31
kcal per oz	40.00
kcal per lbs	639.99
Required kcal per day	0.00
Number of days	0
Amount to Feed per Day (g)	0.00
Amount to Feed per Day (oz)	0.00
Keto Ratio	
(g fat / (g protein + g net carb))	0.48



## Minerals Analysis

Units/ 1000kcal	Unit	Minimum	Maximum	Recipe
Ca	g	1.25	0.00	1.78
P	g	1.00	4.00	1.78
Ca: P	ratio	1:1	2:1	1:1
K	g	1.25		1.72
Na	g	0.25		0.94
Mg	g	0.18		0.18
Cl (no USDA data)	g	0.38		0.61
Fe	mg	9.00		18.08
Cu	mg	1.80		2.26
Mn	mg	1.44		55.99
Zn	mg	18.00	71.00	38.50
I (no USDA data)	mg	0.26		0.38
Se	mg	0.08	0.14	0.26

## Vitamins

Units/ 1000kcal	Unit	Minimum	Maximum	Recipe
Vit A	IU	1,515.00	100,000.00	5,239.53
Vit C	mg			102.95
Vit D	IU	138.00	568.00	194.64
Vit E	IU	9.00		196.49
Thiamine, B1	mg	0.54		5.07
Riboflavin, B2	mg	1.50		103.96
Niacin, B3	mg	4.09		133.74
Pantothenic Acid, B5	mg	3.55		20.75
B6 (Pyridoxine)	mg	0.36		17.99
Vit B12	mg	0.01		0.01
Folic Acid	mg	0.07		0.18
Choline	mg	409.00		421.26
Vit K1 (minimal data)	mg			360.03
Biotin (minimal data)	mg			0.02



## Fats Analysis

Units/ 1000kcal	Unit	Minimum	Maximum	Recipe
Total	g	13.75		57.86
Saturated	g			13.81
Monounsaturated	g			22.36
Polyunsaturated	g			12.45
LA	g	3.27		8.62
ALA	g			2.12
AA	g			0.73
EPA + DHA	g			0.72
EPA	g			0.28
DPA	g			0.06
DHA	g			0.45

## Amino Acids Analysis

Units/ 1000kcal	Unit	Minimum	Maximum	Recipe
Total protein	g	45.00		112.93
Tryptophan	g	0.43		1.07
Threonine	g	1.30		4.17
Isoleucine	g	1.15		4.00
Leucine	g	2.05		7.28
Lysine	g	1.05		7.63
Methionine	g	1.00		2.71
Methionine - cystine	g	1.91		3.74
Phenylalanine	g	1.35		3.78
Phenylalanine - tyrosine	g	2.23		7.02
Valine	g	1.48		4.40
Arginine	g	1.30		6.17
Histidine	g	0.58		2.64
Purines	mg			0.00
Taurine	g			0.06

**If at all possible use ORGANIC or BIO ORGANIC ingredients.**

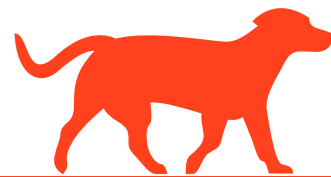


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RECIPE FORMULATED EXCLUSIVELY BY

**EMMA RUTHERFORD**

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**THIS RECIPE IS NOT FOR COMMERCIAL USE OR FOR SHARING**

*Please check with your veterinarian before feeding this recipe if your puppy has any health issues. This balanced recipe has been created to feed a healthy puppy using the calorific information as the feeding guidelines. Although this recipe is balanced we do not recommend that you continuously feed this recipe. You are feeding this recipe under your discretion.*